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Daily Herald

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Lake County staff

To reach any member of the editorial staff, address the email by: the first letter of the person's first name, followed by the last name@dailyherald.com.

Local arts & entertainment

Submit your events at dailyherald.com/share

Includes plays, films, festivals, art exhibits and receptions, concerts, auditions and more. Deadline is two weeks before event.

'Mamma Mia!': 1 and 5 p.m. Sundays, 1 p.m. Wednesdays, 1 and 8 p.m. Thursdays, 8 p.m. Fridays, and 4:30 and 8 p.m. Saturdays through April 16 (no showings at 1 p.m. April 13 or 5 p.m. April 16), Marriott Theatre, 10 Marriott Drive, Lincolnshire. Tickets are \$50-\$60. Call for student, senior and military discounts. For tickets, call (847) 634-0200 or visit www.ticketmaster.com. For information, visit www.MarriottTheatre.com.

'Madagascar — A Musical Adventure': 10 a.m. Tuesdays through Sundays, with some 12:30 p.m. showings, through April 15, Marriott Theatre for Young Audiences, 10 Marriott Drive, Lincolnshire. Join the familiar zoo escapees and embark on an adventure as each animal enjoys freedom for the very first time. \$17.23 per person; groups of 20 or more receive a discount by calling (847) 634-5909. For tickets or scheduling information, call (847) 634-0200 or visit www.MarriottTheatre.com.

'The Lion, the Witch and the Wardrobe': 2 p.m. Sunday, April 2, Mundelein High School Theatre, 1350 W. Hawley St., Mundelein. Kirk Players will present its spring production, adapted by Joseph Robinette. For more information and tickets, call (847) 521-6192 or visit www.kirkplayers.org.

Frates: 2 p.m. Sunday, April 2, James Lumber Center for the Performing Arts at the College of Lake County, 19351 W. Washington St., Grayslake. Russian pianist Ilya Yakushev and Lake Forest Symphony principal trumpet David Inmon in a concert of works paying homage to other musical periods. \$17-\$61. For information, email

COURTESY OF THE COLLEGE OF LAKE COUNTY
Zion native Bill Blagg will bring his magic and illusion to the College of Lake County's James Lumber Center for the Performing Arts at 7 p.m. April 8.

forestsymphony.org or call (847) 295-2135. Visit jclcenter.cilillinois.edu.

Prince and Princess Pageant:

1 p.m. Sunday, April 2, Ice House Mall, 200 Applebee St., Barrington. Sponsored by Sunburst Beauty Pageants at the Ice House Mall and Village Shops in Barrington. Entry forms and information can be found in all the Ice House Mall stores. To enter the pageant, contestants need to arrive one hour before the pageant start time. Age groups consist of boy contestants from newborn to 4 years old and girl contestants from newborn to 28 years old. All participants will receive a trophy and a crown. Finalists

will participate in the Illinois State Pageant in May. Cost is \$50. For information, visit www.sunburstbeauty.com or call (847) 381-6661.

'I Remember Mama' auditions:

7-10 p.m. Monday, April 3, and Wednesday, April 5, St. Andrew's Church, 10 S. Lake St., Mundelein. Auditioners are invited to read for several roles in Kirk Players' production of "I Remember Mama," the story of a poor Norwegian immigrant family living in San Francisco in 1910. Nine male and 13 female roles are available for ages 8 and older. Auditioners will be asked to do cold readings from the script. Callbacks will be 7-10 p.m. Thursday, April 6, at St.

Andrew's, with rehearsals beginning the week of April 10. Play opens at 7:30 p.m. Friday, June 9, at Mundelein High School Theatre and runs through Sunday, June 11. For information, visit www.kirkplayers.org.

How Hamilton Changed American Musical Theater:

7 p.m. Thursday, April 6, Vernon Area Public Library, 300 Olde Half Day Road, Lincolnshire. Chicago Tribune theater critic Chris Jones shares insights into the New York and Chicago productions and why this Tony Award-winning musical has taken theater by storm. Registration required. Free. Visit www.vapld.info.

Vernon Hills High School Spring Choir Concert:

7:30 p.m. Thursday, April 6, Vernon Hills High School, 145 Lakeview Parkway, Vernon Hills. The Spring VHHS Choir Concert will include compositions by Italian early-Baroque composer Claudio Monteverdi, celebrated cellist Pablo Casals, and contemporary American composer Vincent Persichetti. Tickets are available at the door and are \$3 for adults, \$2 for students and senior citizens.

Gaming Hoopla:

10 a.m. to 3 a.m. Friday, April 7; 8 a.m. to 3 a.m. Saturday, April 8; and 8 a.m. to 6 p.m. Sunday, April 9, Holiday Inn Gurnee Convention Center, 6161 W. Grand Ave., Gurnee. Play board games, miniatures, role playing games and more, with all proceeds going to charity. For beginners and veterans. Doors open one hour before the event starts. Proceeds benefit the Vince Lombardi Cancer Foundation. Full weekend admission: \$40 for adults, \$25 for children 12 and younger in advance. Single-day badges: \$15 for Friday or Sunday, \$20 for Saturday in advance. Walk-in admission is \$5 more per badge. Family Day special: \$25 for admission for up to two adults and two children Sunday; \$5 for each additional

child. A Very Important Gamer badge is available for \$79 in advance only. Special room rates available at the Holiday Inn with code GAH. For details, registration, or to make a donation, visit www.gaminghoopla.com.

Breakfast with the Bunny:

8-11 a.m. Saturday, April 8, Lake Zurich Retired Firefighters Association Hall, 77 S. Old Rand Road, Lake Zurich. For children of all ages with an adult. Before the annual egg hunt, enjoy a buffet meal while supplies last and a visit by the bunny. There will also be photo opportunities with the bunny; bring a camera. \$5 per child ages 2 and older; \$7 per adult.

Grayslake Park District Annual Egg Hunt:

11 a.m. Saturday, April 8, Grayslake Central Park, Library Lane, Grayslake. Annual Easter egg hunt. For walking children ages 7 and younger. \$6 for residents, \$8 for nonresidents. Registration required at www.glpd.com.

Egg Hunt, Easter Bunny and Bob James magic:

11-11:30 a.m. Saturday, April 8, Wolff's Flea Market, 1775 N. Rand Road, Palatine. Flea market-style egg hunt from 11-11:30 a.m.; children can find an egg hidden in the market and redeem for a present and candy. Includes Bob James Magic Show from noon to 1 p.m. and visit with the Easter Bunny from 1-3 p.m. Children admitted free; adults free with a coupon available at wolffs.com. The flea market includes more than 300 independent vendors selling tools, toys, art, furniture, antiques, clothing, Easter baskets, jewelry, vinyl and more. Visit wolffs.com, email wolffsflea@aol.com or call (847) 524-9590.

'Solve-it Cyrus, A Math Musical':

11 a.m. Saturday, April 8, Vernon Area Public Library, 300 Olde Half Day Road,

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PAID POLITICAL ADVERTISEMENT



MATT STANTON

GERRI SONGER

for

College of Lake County Trustee

Matt is a practicing attorney and law professor at Chicago-Kent College of Law. Gerri is an educator at Township High School District 214 and Education Chair of the District 214 Education Association.

QUALITY EDUCATION. Unlike other candidates, Gerri and Matt will not only bring to CLC an administrative vision, but they also understand what it takes to support quality curriculum and instruction.

FISCAL RESPONSIBILITY. During times of unprecedented budgetary constraints, Gerri and Matt challenge the necessity of Trustees traveling to destinations such as Las Vegas and New Orleans for conferences at taxpayers' expense.

COLLEGE FOR THE COMMUNITY. While current Board members do not all live in Lake County, Gerri and Matt are longtime residents. Both will have grandchildren attending Lake County schools.

Matt and Gerri plan to put their life and career experiences to work on behalf of our students and communities to uphold high educational standards during increasingly challenging economic times.

APRIL 4th Consolidated Election

www.GerriSonger.com
MattStantonCampaign.wordpress.com

Paid for by: Friends of Gerri Songer
224.778.5231
People to Elect Matt Stanton
847.672.8018

'17
APRIL
Calendar of Events

April is Parkinson's Awareness Month

FREE. Those living with Parkinson's disease and their caregivers are invited to join our support group. Each month we have an informational presentation and share stories and tips on living with Parkinson's disease.
Wednesday, April 5 • 4-5 p.m. • VMCE
Call 847-360-4089 for more information.

LOCATION KEY

VMCE - Vista Medical Center East, 1324 N. Sheridan Road, Waukegan
VACC - Vista Ambulatory Care Center, 1050 Red Oak Lane, Lindenhurst

HEALTH SCREENINGS & PROGRAMS

"A Matter of Balance" Workshop Series

Cost: \$5 per family. The Matter of Balance three-session workshop series (six total hours) is for those who have fallen or are concerned about falling. Participants will learn and practice a simple exercise routine aimed at increasing strength and improving balance, and will be given tools to assess the physical safety of their home and community.

Mondays • April 10, 17 and 24 • 1-3 p.m. • VACC
Call 847-356-4750 to register. Space is limited. Registration is required.

Cardiovascular Screenings

FREE. Walk-in, no appointment necessary. Includes blood pressure, blood sugar and basic cholesterol screenings to identify possible high-risk factors for heart attack and stroke.

Tuesday, April 4 • 8 a.m.-Noon • VACC
Monday, April 10 • 8 a.m.-Noon • VMCE
Tuesday, April 11 • 8 a.m.-Noon • VACC
Tuesday, April 18 • 8 a.m.-Noon • VACC
Tuesday, April 25 • 8 a.m.-Noon • VACC

Introduction to Diabetes Self-Management Seminar

Cost: \$5. This seminar provides patients with the knowledge and tools to manage their diabetes. Topics covered include causes and risk factors of diabetes as well as lifestyle approaches to help manage blood sugars. Diet and nutrition related to diabetes will be discussed in detail. At the end of the class, participants will have a better understanding of how to avoid or control diabetes complications and maintain a healthy lifestyle.

Tuesday, April 4 • 5:30-7:30 p.m. • VMCE
Call 847-360-4246 to register.

Diabetes Self-Management Seminar Series:

"Navigating the Supermarket"

Cost: \$5. Building on the Introduction to Diabetes Self-Management Seminar, you will learn more in-depth information about a new topic each month. You must complete the Introduction to Diabetes Self-Management Seminar prior to registering for this seminar.

Tuesday, April 18 • 5:30-7 p.m. • VMCE
Call 847-360-4246 to register.

Brain Stormers

FREE. Support group for stroke and traumatic brain injury survivors, ages 20-60.

Wednesday, April 26 • 7-8 p.m.
Warren Newport Library (study room), 224 N. O'Plaine Rd., Gurnee
Call 847-360-4089 for more information.

Look Good...Feel Better Workshop

Sponsored by the American Cancer Society

FREE. This workshop helps women cancer patients improve their appearance and self-image by teaching hands-on beauty techniques to manage the appearance side effects of chemotherapy and radiation treatments. Women learn about makeup, skin and nail care, and ways to deal with hair loss. Each woman gets a free makeup kit.

Monday, April 10 • 3-5 p.m. • VACC
Call the ACS Patient Service Center at 1-800-782-7716 to register.

WEIGHT LOSS PROGRAMS

Weight Loss Surgery Seminar

FREE. Come learn about Vista's bariatric weight loss surgery options, meet the surgeons and ask questions. Vista Medical Center East is an accredited Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP).

Monday, April 10 • 7 p.m. • VMCE
Call 847-356-4745 to register.

Bariatric Phone Support Group

FREE. For pre- and post-op patients.

Wednesday, April 5 • Noon-1 p.m.
Call 847-356-4763 to register.

Bariatric Surgery Support Group

FREE. For those considering having, or having already had, bariatric surgery this support group offers a chance to gain information, learn about required lifestyle changes and form a support network. No registration required.

Wednesday, April 12 • 6:30 p.m. • VACC
Wednesday, April 19 • 7 p.m. • VMCE

Non-Surgical Weight Management Class

Cost: \$20. Vista's Non-Surgical Weight Loss Program provides comprehensive, non-surgical weight loss plans that address the medical, nutritional, behavioral and emotional changes necessary to attain significant and long-lasting success.

Wednesday, April 5 • 5:30 p.m. • VACC
Wednesday, April 12 • 5:30 p.m. • VACC
Wednesday, April 19 • 5:30 p.m. • VACC
Wednesday, April 26 • 5:30 p.m. • VACC
Call 847-356-4745 to register.

NEW FAMILY CENTER PROGRAMS

Baby Care Basics

FREE. This class prepares parents for newborn care with information about swaddling, diapering, bathing, burping, comfort techniques and infant safety.

Thursday, April 6 • 6-8 p.m. • VMCE
Call 847-360-4246 to register.

Breastfeeding Basics

FREE. Learn the benefits of breastfeeding, how to get off to a good start, tips for working mothers and information about pumping, including how to select a breast pump. Fathers are welcome to attend.

Thursday, April 27 • 6-8 p.m. • VMCE
Call 847-360-4246 to register.

Childbirth Preparation Express

Cost: \$50. This express class covers the basics of labor and delivery, cesarean delivery and postpartum care. Includes a tour of the New Family Center.

Saturday, April 22 • 1-5 p.m. • VMCE
Call 847-360-4246 to register.

Big Brother/Big Sister—Big Help

FREE. This class is for children ages 3-10 years old and includes fun activities to help the older sibling get ready for a new baby in the family. A parent must attend with the child/children. Includes a tour of the New Family Center.

Thursday, April 6 • 4-5 p.m. • VMCE
Call 847-360-4246 to register.

New Family Center Tours at Vista East

FREE. Expectant parents are welcome to join us for a tour of the New Family Center. No registration required. No children please.

Thursdays • 1-4 p.m. | or by appointment by calling 847-360-4333, ext. 5218.

Breastfeeding Support Group

FREE. This support group meets weekly, no appointment needed. Our focus is to continue to support breastfeeding as the preferred method of feeding. This support group is hosted by one of our Lactation Counselors.

Mondays • 1:30-3 p.m. • VMCE, New Family Center, 2nd Floor

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